



AUGUST ALIVE HAPPENINGS

Join us in welcoming Osteopathic
Neuromusculoskeletal Manipulative Medicine
(ONMM) to ALIVE!



Mueller-Smith joins EMPOWER
supporting HGB rehabilitation services.

*"I have been looking forward to joining
the EMPOWER staff in an environment
focused on a person's entire well-being."*



You haven't missed our tasty summer line-up!

REGISTER BY CALLING (517) 541-5800 (opt. 1) or online at:

<https://myalive.mosomyclub.com/login.aspx>

July & August RELISH Events

July 18	Summer Herbs
July 26	Vegan Mexican
Aug. 2	Cedar Plank Grilling
Aug. 10	Carbs, Fat & Protein, Oh My!
Aug. 17	Salsa Making & Canning

Bring your child for some wet & wild fun!

Water balloon fights (ages 6-12), water pinata, sprinklers, splash buckets and more!
Children wear swim suits and sunscreen. Register now by calling (517) 541-5803!

SPLASH BASH

Come join the wet & wild fun then cool off with an icy treat!

Sat., Aug. 12	Cost: \$7
(ages 3-5) 11 AM – 12 PM	GROW Member: \$5
(ages 6-12) 1 – 2 PM	

Join us for this FREE offering!

Professional Speaker Series:

YOUR EYE HEALTH

Learn the facts about systematic health and how it can affect vision and ocular health.

Wed., Aug. 9th | 11:30 AM – 1:00 PM FREE



Students, take note! FUSE has something for YOU!



ALIVE is an experience-based, destination health park opened by Hayes Green Beach Memorial Hospital in November 2011. All mid-Michigan residents and visitors are welcome at ALIVE – there are no entry fees or membership requirements. It is located at 800 W. Lawrence Ave., in Charlotte, Mich. Visit www.myalive.com or call 517.541.5800 for more information.

ALIVE | 800 W. Lawrence Ave. | Charlotte, Mich. | (517) 541-5800

This message was sent to GTERPSTRA@CHARLOTTEMI.ORG from happenings@hgbhealth.com

ALIVE, Your Community Well-Being Place
Hayes Green Beach Memorial Hospital