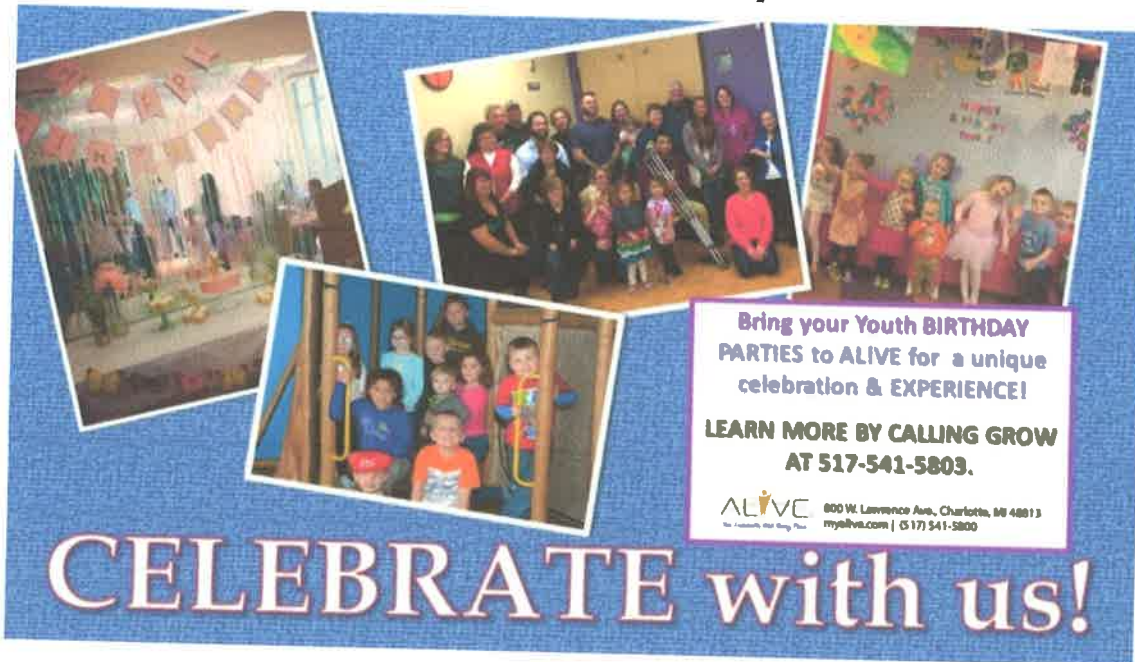



# SEPTEMBER ALIVE HAPPENINGS

Let us help you with **YOUR** event needs!  
Call (517) 541-5812 to reserve space, today.



Bring your Youth **BIRTHDAY PARTIES** to ALIVE for a unique celebration & **EXPERIENCE!**

**LEARN MORE BY CALLING GROW AT 517-541-5803.**

 **ALIVE**  
The Community that Grows Pines

800 W. Lawrence Ave., Charlotte, MI 48813  
myalive.com | (517) 541-5800

## CELEBRATE with us!

# Celebrate: Bridal & Baby Shower

You **CELEBRATE**, we do the rest!

**\$175 Includes:** Two hours in **DIRECT** for up to 40 people, tables with linens for dining, gifts, or dessert and a music distribution system.

**You may bring your own desserts, and arrive up to 1-hr prior to decorate.**



**Give us your input in our annual survey!**

**Click here to get started!**

## Take the AL!VE 2018 Survey!



Please take the opportunity to share your valuable feedback with us!

**Ask an AL!VE staff member how!**

**[https://www.surveymonkey.com/r/Alive\\_Link\\_2018](https://www.surveymonkey.com/r/Alive_Link_2018)**

*Update your contact information at any AL!VE ENCOUNTER or call (517) 541-5812.*

**Experience a taste of fall in RELISH, our cooking demonstration kitchen!**

**Call (517) 541-5800, opt. 1 to register!**


# Fall RELISH Events

Sept. 12	Traditional Russian Cooking
Sept. 21	Date Night: Sushi
Sept. 24	Cooking for Diabetes: <i>Faux Pasta</i>
Oct. 3	Plant Based Thai
Oct. 4	Heart Healthy Cooking: <i>Celebrate Flavor (Sodium-Free Seasonings)</i>
Oct. 8	Cooking for Diabetes: <i>Break the Fast</i>
Oct. 12	Fall French Macarons
Oct. 18	Heart Healthy Cooking: <i>Taste the Rainbow</i> <i>90M Survive &amp; Thrive: Cooking for Breast Cancer Survivors</i>
Oct. 22	Cooking for Diabetes: <i>Hearty Fall Soups</i>
Oct. 24	Healthy Crockpot Meals

**In honor of suicide prevention month join us for this FREE, valuable seminar!**

## Professional Speaker Series: Suicide Prevention

FREE | Tues., September 18 | 6 p.m. – 7:30 p.m.



**Light refreshments provided.**  
Call (517) 541-5800, opt. 1 to register.

**ALIVE** 800 W. Lawrence Ave., Charlotte, MI 48813  
myalives.com | (517) 541-5800

**Attend the HGB annual gala and experience the fun!**

Purchase your tickets now: <https://www.silentactionpro.com/onlineticketpurchase.php?groupId=860>

**HGB  
GALA  
2018**

save the date

**Thursday, Sept. 13**  
7 p.m. - 10 p.m.

HCB  
DEVELOPMENT COUNCIL

"Think of energy almost like emotional electricity. It has a powerful way of uniting ordinary people, their connected spirit, to do extraordinary things." - Angela Ahrendts



**Participate in our annual Run/Walk and get FREE ice cream!**  
**Register at: [www.livelifainspired.org](http://www.livelifainspired.org)**

**First we run the race... then we eat the ice cream!**

Participating in the *live life. Nspired 5K* on Sat. Sept. 8?  
Wear your bib to the Charlotte, MI Dairy Queen afterward and get a **FREE** small blizzard!

**FREE**

Register NOW at [www.livelifainspired.org](http://www.livelifainspired.org)

**Enjoy this facial waxing BOGO offer all month in FUSE!**  
**Call (517) 541-5886 to book your appointment.**



*ALIVE is an experience-based, destination health park opened by Hayes Green Beach Memorial Hospital in November 2011. All mid-Michigan residents and visitors are welcome at ALIVE – there are no entry fees or membership requirements. It is located at [800 W. Lawrence Ave.](#), in Charlotte, Mich. Visit [www.myalive.com](#) or call 517.541.5800 for more information.*

ALIVE | [800 W. Lawrence Ave.](#) | [Charlotte, Mich.](#) | (517) 541-5800

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**Unsubscribe**

This message was sent to [GTERPSTRA@CHARLOTTEMI.ORG](mailto:GTERPSTRA@CHARLOTTEMI.ORG) from [happenings@hgbhealth.com](mailto:happenings@hgbhealth.com)

ALIVE, Your Community Well-Being Place  
Hayes Green Beach Memorial Hospital  
[321 E. Harris Street](#)  
Charlotte, MI 48813

