

# MAY ALIVE HAPPENINGS

**Give Mom the gift of relaxation this Mother's Day!**

**Enjoy a massage while the kids play.**

**Call (517) 541-5886 to book your appointment today.**



*May* **FUSE** *Special*

Treat Mom with a Mother's Day Gift Card purchase of a 1-hour FUSE service (or more) during the month of May and receive 2 FREE GROW passes!

*No additional discounts apply. Value \$8.00.*

**In honor of National Stroke Awareness Month, Sparrow and HGB are offering this FREE to the community event.**

**Call (517) 541-5800, opt. 1 to register today!**

**Interactive Stroke Event**

**Tuesday, May 8 11:30 AM – 1:00 PM**

Admission is free; lunch is included if registered by Friday, May 4; call (517) 541-5800 opt. 1.

**ALIVE**  
800 W. Lawrence Ave., Charlotte

**HCB**  
HESTER CATLIN BRANCH  
MEMORIAL HOSPITAL

**Sparrow**

**PARENTS! Take a night off!**

Here's your excuse for an evening to yourselves that the kids will thank you for! Call (517) 541-5803 with questions!

**Hawaiian Luau Edition**

**PARENTS GREAT ESCAPE**

**Sat., May 12 6 – 10 PM** Ages 3 – 12  
Includes pizza dinner, arts & crafts, rock wall & more!

**Cost:** \$15 first child  
\$10 per add'l child (same household)

**GROW Member:** \$13.50 first child  
\$9 per add'l child (same household)

**Check out what's cookin' at ALIVE this month!**

Call (517) 541-5800, opt. 1 to register!

# May RELISH Events

- May 1 Heart Healthy Cooking:  
*Meals from the Heart*
- May 8 Clean-Eating Combos
- May 16 Vegan German
- May 18 Survive & Thrive:  
*Cooking for Breast Cancer Survivors*
- May 23 Survive & Thrive:  
*Cooking for Breast Cancer Survivors*

Join us in celebrating with **EMPOWER!**

## May is National **SPEECH & HEARING THERAPY** Month

Thank you to our Speech-Language Pathologists for all you do here at ALIVE

**Cathy Kelensk - Mary Talarico**  
**Jessica Seguin - Susan Bennefield**

*ALIVE is an experience-based, destination health park opened by Hayes Green Beach Memorial Hospital in November 2011. All mid-Michigan residents and visitors are welcome at ALIVE – there are no entry fees or membership requirements. It is located at **800 W. Lawrence Ave.** in Charlotte, Mich. Visit [www.myalive.com](http://www.myalive.com) or call 517.541.5800 for more information.*

ALIVE | 800 W. Lawrence Ave. | Charlotte, Mich. | (517) 541-5800

[Unsubscribe](#)

This message was sent to [GTERPSTRA@CHARLOTTEMI.ORG](mailto:GTERPSTRA@CHARLOTTEMI.ORG) from [happenings@hgbhealth.com](mailto:happenings@hgbhealth.com)

ALIVE, Your Community Well-Being Place  
Hayes Green Beach Memorial Hospital  
321 E. Harris Street